

TAILORED TO YOU: PERSONALIZED DNA INSIGHTS FOR WOMEN

Address the genetic factors behind fertility challenges, hormone imbalances, PCOS, and endometriosis with **IntellxxDNA®**

Whether you're trying to optimize fertility, manage painful or irregular cycles, or plan for a healthier pregnancy, the IntellxxDNA Women's Health Report enables your clinician to create a personalized plan that targets true root causes instead of relying on guesswork.

Your genetics provide valuable insights for informed, personalized decisions from adolescence through perimenopause:

- **Teen Years:** Assess vitamin-related needs to support healthy development plus uncover clotting risks to guide safe contraceptive and treatment choices.
- **Fertility Planning:** Optimize nutrients, detox and other reproductive pathways for a successful, healthy pregnancy.
- **Long-Term Health:** Understand genetic influences on hormone balance and inflammation to support heart, bone, brain, and lifelong wellness.

MAKE A DIFFERENCE IN 5 EASY STEPS

- 1 ORDER** IntellxxDNA through your clinician
- 2 ACTIVATE** the kit's unique barcode for privacy and security.
- 3 COLLECT** a cheek-swab sample following the instructions provided.
- 4 MAIL** the completed kit back to the lab in the provided postage-paid mailer.
- 5 SCHEDULE** a follow-up appointment with your clinician to review results.



Targeted Genomic Insights for Fertility, Hormones, and Beyond

THE WOMEN'S HEALTH REPORT

Key Topics

- PCOS
- Endometriosis
- Clotting
- Recurrent Pregnancy Loss and Miscarriage
- Progesterone, LH, and FSH
- Estrogen and Testosterone
- Vasomotor Symptoms / Hot Flashes
- Metabolic Health
- Osteoporosis

Fundamentals

- Inflammation
- Heavy Metals Detox & Glutathione
- Vitamin B12
- Vitamin B6
- Vitamin D
- Choline
- Magnesium
- Copper and Zinc
- Antioxidants and Micronutrients
- Homocysteine and Methylation

FREQUENTLY ASKED QUESTIONS

WHY DO CLINICIANS PREFER INTELLXXDNA?

IntellxxDNA reports, offered only through licensed clinicians, are based on peer-reviewed research to highlight clinically significant genomic variants for over 700 SNPs with strong statistical support. Unlike consumer DNA tests, IntellxxDNA reports provide actionable, evidence-based insights for clinical use.

WHY CONSIDER GENOMIC TESTING?

Genomic testing reveals your genetic blueprint, highlighting inherited tendencies in cognition, metabolism, and more. Unlike microbiome or blood tests, which change over time, genetic data remains constant, offering long-term insights for personalized health. While blood tests are important, they don't always reflect what's happening in specific organs like the brain, bones, or gut. Bloodwork fluctuates, but your DNA stays the same, providing a reliable reference for understanding health for the long-term.

WILL INTELLXXDNA SHARE MY DATA?

Your genomic data is never shared with third parties and is only accessible to your licensed healthcare provider. IntellxxDNA follows strict security and privacy protocols to safeguard patient data.

